MY SCORE CARD

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| **Date**  **(March)** | **Today, I tried to sit down and listen, when it seemed the wise thing to do**  (✔) | **Today, I tried to rise up and speak calmly and respectfully, when it seemed the wise thing to do**  (✔) |
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| **My Totals!!!** |  |  |
| **My Goals for the next month** |  |  |